

Media Release

**We believe that people affected by brain tumours should never walk alone.
This September in Paradise, they won't!**

Paradise, NL, September 25, 2017 – Chris had always considered himself to be a healthy person, until one August day in 2015 he had a seizure - one that led to an unexpected diagnosis. “I always had headaches, but I brushed them off as normal,” recalls Chris. “You don’t really go to the doctor expecting to hear **you have a brain tumour.**”

One month later, Chris underwent surgery to remove a grade II oligodendroglioma- a tumour type that is often accompanied by behavioural and cognitive changes, headaches, seizures, and even weakness or paralysis.

The months that followed brought surgery, recovery, speech impairment, writing challenges, headaches, weight gain, and a new-found dependence on others, and yet Chris somehow held on to a positive attitude: “I feel really lucky! I know that there are other brain tumour patients who have gone through worse,” he says.

In the two years since his diagnosis, Chris has slowly but surely begun to thrive again, returning to the work and physical activities that he so loved prior to diagnosis with one important difference: “I was quite a workaholic before [my diagnosis], but now I have tamed that back and look for lifestyle balance. When it comes to work, it will still be there tomorrow.”

This year, Chris and his team of supporters will walk at the 4th Annual Newfoundland and Labrador Brain Tumour Walk, hosted in Paradise. This event provides a unique opportunity to celebrate survivors, honour and remember those who have passed away, and raise awareness about this devastating disease. Run by Brain Tumour Foundation of Canada and local volunteers, this event will raise money for programs, services, and life-changing research. The fundraising goal for Newfoundland and Labrador’s Brain Tumour Walk is \$15,000.

“Patients and families are the heart of Brain Tumour Foundation of Canada. The Brain Tumour Walk will support all of the people in Newfoundland and Labrador who are affected by a brain tumour diagnosis. In this our 35th Anniversary year, we are so thrilled to see the excitement and support ramp up for this event,” says CEO, Susan Marshall. “Together we make a real difference in the lives of those affected by brain tumours.”

Please join Chris and his family as they endeavour to bring hope to those who have been affected by a brain tumour diagnosis.

Media Availability/Photo Opportunity:

- **What:** A celebration of hope, perseverance, and the beauty of community that has been 35 years in the making!
- **Availability:** Chris Quinton, survivor and Brain Tumour Foundation of Canada Ambassador
- **Where:** Rotary Paradise Centre, 1 Sarah Davis Way, Paradise NL
- **When:** Saturday, September 30, 2017: 9:00am-1:00pm

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- **Survivor Photo:** 9:45am
- **Opening Ceremonies begin:** 9:50am
- **Walk begins:** 10:00am

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To schedule an interview with Chris Quinton or for further information about the 2017 Brain Tumour Walk events, please contact:

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